



# The Gardens Gazette

*Luxury Carefree Living for Active Seniors*

*Olga Gonzalez AL Activities Director 305 508 6055 April 2024*

## *A Message from Helen*



Any problems, issues, or other questions? Call me on my cell at (786) 556-9009 or e-mail me at Helen@ThePalace.org.

Please say your name & your apartment number.

~Love Helen Shaham, Owner, The Palace Group



## *Resident Bill of Rights*

*Did you know that you have the right to.... Choose your own physician and pharmacy*

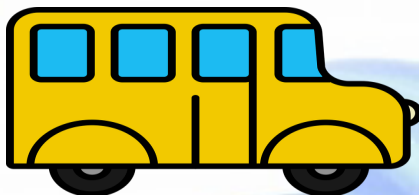
## *Concierge Desk*

*For your convenience, our Concierge Desk is open daily from 9:00am-9:00pm. Please call 305-508-6030 to schedule video chats, beauty salon appointments, reserve dining room seating or birthday celebrations.*

## **HAPPY BIRTHDAY!**

- **Sophie C. — 12 Apr 89**
- **Theodora M—17 Apr 77**
- **Carol H.— 24 Apr 90**
- **Clayton S.—25 Apr 87**

## **OUTINGS**



- **Thursday 4<sup>th</sup> Red Lobster**
- **Thursday 11<sup>th</sup> Casavana Cuban Cuisine**
- **Thursday 18<sup>th</sup> Everglades Alligator Farm**
- **Thursday 25<sup>th</sup> Theater of the Sea Islamorada**
- **Friday 26<sup>th</sup> Publix at 2pm**



# *Follow us!*

# @thepalacegardens



# The Palace Gardens

# APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Blue-Wellness Activities Purple-Cognitive Activities Green-New Activities Red-Outings &amp; Special Events Orange-Religious Services</p>	<p><b>10:00 Get Up &amp; Move</b> 1 <b>10:30 Walking Club</b> <b>11:00 Rumba with Kathy</b> <b>1:30 Dominos &amp; Cards</b> <b>2:00 Jeopardy</b> <b>3:00 Blackjack</b> <b>4:15 Happy Hour with Pedro</b> <b>6:45 Comedy Movie Night</b></p>	<p><b>10:00 Get Up &amp; Move</b> 2 <b>10:30 Pool Time</b> <b>10:30 Jewelry Design w/ Gisela</b> <b>1:30 Dominos &amp; Cards</b> <b>1:45 Arts &amp; Crafts w/Terri</b> <b>3:00 Gardening</b> <b>4:15 Happy Hour w/Katy Rosel</b> <b>6:45 Sci Fi Movie Night</b></p>	<p><b>10:00 Get UP &amp; Move</b> 3 <b>10:30 Walking Club</b> <b>11:15 DramaClub</b> <b>11:00 Catholic Services</b> <b>1:30 Dominos &amp; Cards</b> <b>2:00 \$2.00 Bingo</b> <b>3:00 Canva Painting</b> <b>3:00 Drama / Theater</b> <b>4:15 Happy Hour w/Pamir</b> <b>6:30 Action Movie Night</b></p>	<p><b>National Burrito Day</b> 4 <b>10:00 Get Up &amp; Move</b> <b>10:45 Bowling</b> <b>11:00 Outing to Red Lobster</b> <b>1:30 Dominos &amp; Cards</b> <b>2:00 TRIVIA</b> <b>3:00 Blackjack</b> <b>4:15 Special Happy Hour with Javier</b></p>	<p><b>10:00 Get UP &amp; Move</b> 5 <b>10:30 Walking Club</b> <b>11:00 Gardening</b> <b>1:30 Dominos &amp; Cards</b> <b>1:30 Baking Class</b> <b>3:00 \$2.00 Bingo</b> <b>4:15 Happy Hour w/Freddie</b> <b>6:45 Mystery/Thriller Movie</b></p>	<p><b>9:30 Workout w/Moises</b> 6 <b>10:30 Virtual Shabbat</b> <b>11:00 Mark's Singalong</b> <b>2:00 Gardening Club</b> <b>3:00 Board Games</b> <b>4:15 Happy Hour with Suo</b> <b>6:45 Drama Movie Night</b></p>
<p> <b>National Beer Day</b> 7 <b>9:30 Outing; Sacred Heart Catholic Church</b> <b>10:00 Nails &amp; Spa</b> <b>1:30 Classic Movie</b> <b>2:00 Coffee &amp; Reading</b> <b>3:00 \$2.00 Bingo</b> <b>4:15 Happy Hour w/Anays</b> <b>6:45 Drama Movie Night</b></p>	<p><b>10:00 Get Up &amp; Move</b> 8 <b>10:30 Walking Club</b> <b>11:00 Rumba with Kathy</b> <b>1:30 Dominos &amp; Cards</b> <b>2:00 Jeopardy</b> <b>3:00 Blackjack</b> <b>4:15 Happy Hour with Tony</b> <b>6:45 Comedy Movie Night</b></p>	<p><b>10:00 Get Up &amp; Move</b> 9 <b>10:30 Jewelry Design w/ Gisela</b> <b>1:30 Dominos &amp; Cards</b> <b>1:45 Arts &amp; Crafts w/Terri</b> <b>3:00 Gardening</b> <b>4:15 Happy Hour with Heriberto</b> <b>6:45 Sci Fi Movie Night</b></p>	<p><b>10:00 Get UP &amp; Move</b> 10 <b>10:30 Walking Club</b> <b>11:15 Jeopardy</b> <b>1:30 Dominos &amp; Cards</b> <b>2:00 \$2.00 Bingo</b> <b>3:00 First Baptist Church of Homestead Serv. Pastor Howard</b> <b>4:15 Happy Hour w/Anabel</b> <b>6:30 Action Movie Night</b></p>	<p><b>10:00 Get Up &amp; Move</b> 11 <b>10:45 Pin Pon</b> <b>11:00 Outing to Casavana Cuban Cuisine</b> <b>1:30 Dominos &amp; Cards</b> <b>2:00 TRIVIA</b> <b>3:00 Blackjack</b> <b>4:15 Special Happy Hour with Javier</b> <b>6:45 Romance Movie Night</b></p>	<p><b>10:00 Get UP &amp; Move</b> 12 <b>10:30 Walking Club</b> <b>1:30 Dominos &amp; Cards</b> <b>1:30 Cooking Class</b> <b>3:45 Jewish Service w/Eilat</b> <b>4:15 Happy Hour w/Cassio</b> <b>6:45 Mystery Movie Night</b></p>	<p><b>9:30 Workout w/ Moises</b> 13 <b>10:30 Virtual Shabbat</b> <b>11:00 Mark's Singalong</b> <b>2:00 Flower Arranging</b> <b>3:00 Board Games</b> <b>4:15 Happy Hour with Suo</b> <b>6:45 Drama Movie Night</b></p>
<p><b>9:30 Outing; Sacred Heart Catholic Church</b> 14 <b>10:00 Nails &amp; Spa</b> <b>1:30 Classic Movie</b> <b>2:00 Coffee &amp; Reading</b> <b>3:00 \$2.00 Bingo</b> <b>4:15 Happy Hour w/Ariel</b> <b>6:45 Drama Movie Night</b></p>	<p><b>10:00 Get Up &amp; Move</b> 15 <b>10:30 Walking Club</b> <b>11:00 Belly Dancing w/Kathy</b> <b>1:30 Dominos &amp; Cards</b> <b>2:00 Jeopardy</b> <b>3:00 Blackjack</b> <b>4:15 Happy Hour w/Pedro</b> <b>6:45 Comedy Movie Night</b></p>	<p><b>10:00 Get Up &amp; Move</b> 16 <b>10:30 Jewelry Design w/ Gisela</b> <b>1:30 Dominos &amp; Cards</b> <b>1:45 Arts &amp; Crafts w/ Terri</b> <b>3:00 Gardening</b> <b>4:15 Happy Hour w/Katy Rosel</b> <b>6:45 Sci Fi Movie Night</b></p>	<p><b>10:00 Get UP &amp; Move</b> 17 <b>10:30 Walking Club</b> <b>11:00 Dog show at Plaza</b> <b>1:30 Dominos &amp; Cards</b> <b>2:00 \$2.00 Bingo</b> <b>3:00 Scrapbook Factory</b> <b>4:15 Happy Hour w/Pamir</b> <b>6:45 Romance Movie Night</b></p>	<p><b>10:00 Get Up &amp; Move</b> 18 <b>10:30 Chair Volleyball</b> <b>11:00 Outing to Everglades Alligator Farm</b> <b>1:30 Dominos &amp; Cards</b> <b>2:00 TRIVIA</b> <b>3:00 Blackjack</b> <b>4:15 Special Happy Hour with Javier</b> <b>6:45 Romance Movie Night</b></p>	<p><b>10:00 Get UP &amp; Move</b> 19 <b>10:30 Walking Club</b> <b>11:00 Gardening</b> <b>1:30 Dominos &amp; Cards</b> <b>1:30 Baking Class</b> <b>3:00 \$2.00 Bingo</b> <b>4:15 Happy Hour w/Cassio</b> <b>6:45 Thriller Movie Night</b></p>	<p><b>9:30 Workout w/ Moises</b> 20 <b>10:30 Virtual Shabbat</b> <b>11:00 Mark's Singalong</b> <b>2:00 Gardening Club</b> <b>3:00 Board Games</b> <b>4:15 Happy Hour with Suo</b> <b>6:45 Drama Movie Night</b></p>
<p><b>9:30 Outing; Sacred Heart Catholic Church</b> 21 <b>10:00 Nails &amp; Spa</b> <b>1:30 Classic Movie</b> <b>2:00 Coffee &amp; Reading</b> <b>3:00 \$2.00 Bingo</b> <b>4:15 Happy Hour with Anays</b> <b>6:45 Drama Movie Night</b></p>	<p><b>10:00 Get Up &amp; Move</b> 22 <b>10:30 Walking Club</b> <b>11:00 Rumba with Kathy ~ Plaza</b> <b>1:30 Dominos &amp; Cards</b> <b>2:00 Jeopardy</b> <b>3:00 Blackjack</b> <b>4:15 Happy Hour w/Tony</b> <b>6:45 Comedy Movie Night</b> <b>PASSOVER Theater 5:30pm</b></p>	<p><b>10:00 Get Up &amp; Move</b> 23 <b>10:30 Jewelry Design w/ Gisela</b> <b>1:30 Dominos &amp; Cards</b> <b>1:45 Arts &amp; Crafts w/ Terri</b> <b>3:00 Gardening</b> <b>4:15 Happy Hour w/Heriberto</b> <b>6:45 Sci Fi Movie Night</b></p>	<p><b>10:00 Get UP &amp; Move</b> 24 <b>10:30 Walking Club</b> <b>11:00 Council Meeting</b> <b>1:30 Dominos &amp; Cards</b> <b>2:00 \$2.00 Bingo</b> <b>3:00 Canva Painting</b> <b>4:15 Happy Hour w/Anabel</b> <b>6:30 Action Movie Night</b> <b>Gourmet Night Argentina</b></p>	<p><b>10:00 Get Up &amp; Move</b> 25 <b>9:30 Outing to Theater of the Sea "Dolphin Show"</b> <b>10:45 Bowling</b> <b>1:30 Dominos &amp; Cards</b> <b>2:00 Guess the Celebrity</b> <b>3:00 Blackjack</b> <b>4:15 Special Happy Hour w/Javier</b> <b>6:45 Romance Movie Night</b></p>	<p><b>10:00 Get UP &amp; Move</b> 26 <b>10:30 Walking Club</b> <b>11:30 Jumbo Jenga</b> <b>1:30 Dominos &amp; Cards</b> <b>1:30 Cooking Class</b> <b>3:00 \$2.00 Bingo</b> <b>3:45 Jewish Service w/Eilat</b> <b>4:15 Happy Hour with Freddie</b> <b>6:45 Mystery Movie Night</b></p>	<p><b>9:30 Workout w/ Moises</b> 27 <b>11:00 Mark's Singalong</b> <b>10:30 Virtual Shabbat</b> <b>2:00 Flower Arranging</b> <b>3:00 Board Games</b> <b>4:15 Happy Hour with Suo</b> <b>6:45 Drama Movie Night</b></p>
<p><b>9:30 Outing; Sacred Heart Catholic Church</b> 28 <b>10:00 Nails &amp; Spa</b> <b>1:30 Classic Movie</b> <b>2:00 Coffee &amp; Reading</b> <b>3:00 \$2.00 Bingo</b> <b>4:15 Happy Hour w/Ariel</b> <b>6:45 Drama Movie Night</b></p>	<p><b>International dance Day</b> 29 <b>10:00 Get Up &amp; Move</b> <b>10:30 Walking Club</b> <b>11:00 Karaoke -Plaza</b> <b>1:30 Dominos &amp; Cards</b> <b>2:00 Jeopardy</b> <b>3:00 Blackjack</b> <b>4:15 Happy Hour w/Tony</b> <b>6:45 Comedy Movie Night</b></p>	<p><b>10:00 Get Up &amp; Move</b> 30 <b>10:30 Jewelry Design w/ Gisela</b> <b>1:30 Dominos &amp; Cards</b> <b>1:45 Arts &amp; Crafts w/ Terrie</b> <b>3:00 Gardening</b> <b>4:15 Happy Hour with Heriberto</b> <b>6:45 Sci Fi Movie Night</b></p>		<p><i>Please join us for our Seder</i> <i>When :April 22</i> <i>Where :Palace Gardens Theater</i> <i>Time : 5:50 pm</i> <i>RSVP</i> <i>By calling (305)247-0446</i> <i>(305)508-6055</i></p>		



# March in review



## Health & Wellness

Get Up & Move: Mon-Fri at 10:00 am

Workout with Moises: Saturdays at 9:30am

Water Aerobics: Tuesdays, Thursdays and Saturdays at 10:30 am

Gym Hours: Mon-Fri 9:30 am-5:30pm.

## Dining Room Hours

Breakfast 8:30- 9:30am

Lunch 12:30-1:30pm

Daily Happy Hour 4:15-5:15pm

Dinner 5:30-6:30pm

Please call ahead to dine with your loved ones