



April 2024

# The Weston Gazette

LUXURY LIVING FOR SENIORS

Justin Valdes– Recreational Specialist



## A Message from Helen

Any problems, issues, or other questions?

Call me on my cell at (786) 556-9009

or e-mail me at Helen@ThePalace.org.

~ Love, Helen Shaham,

*Owner, The Palace Group*

*Please say your name and room number.*

## SPECIAL PROGRAMS & EVENTS IN

# April

Sunday, April 7th

Cypress Bay Students Perform  
11:00am (Plaza)

Wednesday, TBD

Outing to Vista View Park  
Depart 10:30am

Saturday, April 20th

Calvary Chapel Service  
10:00am (Activity Room)

Monday, April 22nd

Passover Seder Dinner  
4:00pm (Activity Room)

THE PALACE AT WESTON  
16025 EMERALD ESATES DR.  
WESTON, FL. 33331  
PHONE: (954) 217-2000

**THE MAGICAL COMMUNITY**

*Invites you to a*

# PASSOVER SEDER

**First Seder**  
Monday, April 22  
4:00pm  
In The Activity Room

**Second Seder Dinner**  
Tuesday, April 23  
4:00pm  
In Dining Room

**RSVP: (754) 236-8140**  
Friends and Family are Welcome by RSVP only

This is an exclusive event for resident only

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<b>1</b> 10:00 Cafecito Time w Justin 11:00 Resistance Training w J 1:00 Social Hour in the Garden 2:00 Puppet hugs w Justin <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour w Harp 5:00 Elder Song Sing Along V1	<b>2</b> 10:00 Crafty Creations 11:00 Table Top Tactics 1:00 Social hour in the garden 2:00 Cognition Training <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour Violinist) 5:00 Starlight piano w Justin	<b>3</b> <b>10:00 Noreena Lectures</b> <b>11:00 Belly Dancing w Katy</b> 1:00 Social hour in the Garden 2:00 Music vibes <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour (Piano) 5:00 Oldie Goldie sing along	<b>4</b> <b>10:00 Music therapy w Trent</b> 11:00 Resistance Training 1:00 Social Hour in the Garden 2:00 Music Vibes <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour (Singer) 5:00 Sensory relief w Justin	<b>5</b> <b>10:00 CAT Pet Therapy</b> 11:00 Tennis match w Alejandro 1:00 Social hour in the Garden 2:00 Prize Bingo! <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour (Guitar) <b>5:00 Aero Rumba w Katy</b>	<b>6</b> 10:00 Brainteaser PowerPoint 11:00 Exercise w Alejandro 1:00 Social hour in the Garden 2:00 Fine Motor Skills Training 3:00 Happy hour (Piano) <b>5:00 Sensory relief w Katy</b>	
	<b>7</b> 10:00 Religious hour w Justin 11:00 Horse race game w Justin 1:00 Social hour in the garden 2:00 Fitness for life w Justin 3:00 Happy Hour (Singer) 5:00 Movie Night w Popcorn	<b>8</b> 10:00 Cafecito Time w Justin 11:00 Resistance Training w J 1:00 Social Hour in the Garden 2:00 Puppet hugs w Justin <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour w Harp 5:00 Elder Song Sing Along V2	<b>9</b> 10:00 Crafty Creations 11:00 Table Top Tactics 1:00 Social hour in the garden 2:00 Cognition Training <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour Violinist) 5:00 Starlight piano w Justin	<b>10</b> <b>10:00 Noreena Lectures</b> <b>11:00 Belly Dancing w Katy</b> 1:00 Social hour in the Garden 2:00 Music vibes <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour (Piano) 5:00 Oldie Goldie sing along	<b>11</b> <b>10:00 Music therapy w Trent</b> 11:00 Resistance Training 1:00 Social Hour in the Garden 2:00 Music Vibes <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour (Singer) 5:00 Sensory relief w Justin	<b>12</b> <b>10:00 CAT Pet Therapy</b> 11:00 Tennis match w Alejandro 1:00 Social hour in the Garden 2:00 Prize Bingo! <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour (Guitar) <b>5:00 Aero Rumba w Katy</b>	<b>13</b> 10:00 Brainteaser PowerPoint 11:00 Exercise w Alejandro 1:00 Social hour in the Garden 2:00 Fine Motor Skills Training 3:00 Happy hour (Piano) <b>5:00 Sensory relief w Katy</b>
	<b>14</b> 10:00 Religious hour w Justin 11:00 Horse race game w Justin 1:00 Social hour in the garden 2:00 Fitness for life w Justin 3:00 Happy hour (Singer) 5:00 Movie Night w Hot Tea	<b>15</b> 10:00 Cafecito Time w Justin 11:00 Resistance Training w J 1:00 Social Hour in the Garden 2:00 Puppet hugs w Justin <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour Harp 5:00 Elder Song Sing Along V3	<b>16</b> 10:00 Crafty Creations 11:00 Table Top Tactics 1:00 Social hour in the garden 2:00 Cognition Training <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour Violinist) 5:00 Starlight piano w Justin	<b>17</b> <b>10:00 Noreena Lectures</b> <b>11:00 Belly Dancing w Katy</b> 1:00 Social hour in the Garden 2:00 Music vibes <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour (Piano) 5:00 Oldie Goldie sing along	<b>18</b> <b>10:00 Music therapy w Trent</b> 11:00 Target Practice 1:00 Social Hour in the Garden 2:00 Music Vibes <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour (Piano) 5:00 Sensory relief w Justin	<b>19</b> <b>10:00 CAT Pet Therapy</b> 11:00 Tennis match w Alejandro 1:00 Social hour in the Garden 2:00 Prize Bingo! <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour (Guitar) <b>5:00 Aero Rumba w Katy</b>	<b>20</b> 10:00 Calvary Chapel Service 11:00 Exercise w Alejandro 1:00 Social hour in the Garden 2:00 Fine Motor Skills Training 3:00 Happy hour (Piano) <b>5:00 Sensory relief w Katy</b>
	<b>21</b> 10:00 Religious hour w Justin 11:00 Horse race game w Justin 1:00 Social hour in the garden 2:00 Fitness for life w Justin 3:00 Happy hour (Singer) 5:00 Movie Night w Popcorn	<b>22</b> 10:00 Cafecito Time w Justin 11:00 Resistance Training w J 1:00 Social Hour in the Garden 2:00 Puppet hugs w Justin <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour Harp 5:00 Elder Song Sing Along V4	<b>23</b> 10:00 Crafty Creations 11:00 Table Top Tactics 1:00 Social hour in the garden 2:00 Cognition Training <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour Violinist) 5:00 Starlight piano w Justin	<b>24</b> <b>10:00 Noreena Lectures</b> <b>11:00 Belly Dancing w Katy</b> 1:00 Social hour in the Garden 2:00 Music vibes <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour (Piano) 5:00 Oldie Goldie sing along	<b>25</b> <b>10:00 Music therapy w Trent</b> 11:00 Cornhole Competition 1:00 Social Hour in the Garden 2:00 Music Vibes <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour (Singer) 5:00 Sensory relief w Justin	<b>26</b> <b>10:00 CAT Pet Therapy</b> 11:00 Tennis match w Alejandro 1:00 Social hour in the Garden 2:00 Prize Bingo! <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour (Guitar) <b>5:00 Aero Rumba w Katy</b>	<b>27</b> 10:00 Brainteaser PowerPoint 11:00 Exercise w Alejandro 1:00 Social hour in the Garden 2:00 Fine Motor Skills Training 3:00 Happy hour (Piano) <b>5:00 Sensory relief w Katy</b>
	<b>28</b> 10:00 Religious hour w Justin 11:00 Horse race game w Justin 1:00 Social hour in the garden 2:00 Fitness for life w Justin 3:00 Happy hour (Singer) 5:00 Movie Night w Hot Tea	<b>29</b> 10:00 Cafecito Time w Justin 11:00 Resistance Training w J 1:00 Social Hour in the Garden 2:00 Puppet hugs w Justin <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour Harp 5:00 Elder Song Sing Along V1	<b>30</b> 10:00 Crafty Creations 11:00 Table Top Tactics 1:00 Social hour in the garden 2:00 Cognition Training <b>2:30 Fit body and mind w Alejo</b> 3:00 Happy hour Violinist) 5:00 Starlight piano w Justin				

# March Moments Captured

