



THE WESTON STAR

Luxury Carefree Living for Active Seniors

The Palace at Weston Assisted Living

JULY 2025

A Message from Helen

Any problems, issues, or other questions?

Call me on my cell at: (786) 556-9009

or e-mail me at:

Helen@ThePalace.org

Please leave your name and

apartment number.

-Love, Helen Shaham

Owner, The Palace Group



SPECIAL PROGRAMS & EVENTS IN

JULY

**STRETCH AND FLEX WORKOUTS
EVERY MORNING AT 10:00 AM**

**OUTING EVERY THURSDAY:
RESTAURANTS, THEATRES,
MUSEUMS.**

**THURSDAY NIGHT SHOWS:
START at 7:00 PM
PALACE THEATRE**

**ART CLASS EVERY MONDAY:
ACTIVITY ROOM at 11:00 AM**

**POOL AEROBICS THERAPY
TUESDAY:
at 11:00 AM PALACE POOL**

**GARDENING CLUB EVERY
WEDNESDAY:
PALACE TERRACE AT 3:30PM**

**THE PALACE AT WESTON
16025 EMERALD ESTATES DR.
WESTON, FL 33331**

PHONE: (954) 217-2000

Dear Residents and Families

Welcome July!

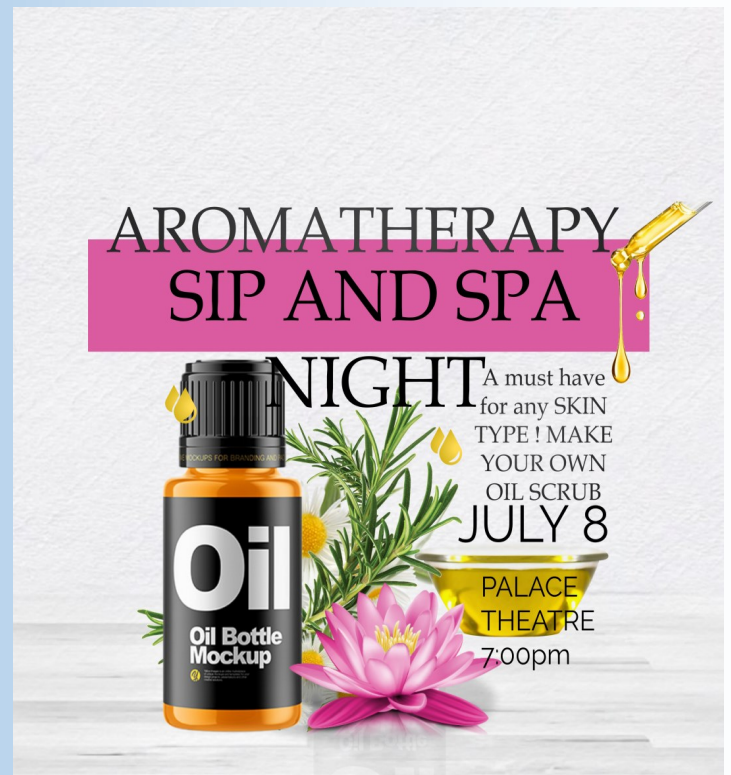
Summer is in full swing, and so is the joy here at The Palace! This month, we're embracing the sunshine with a refreshing lineup of activities designed to lift your spirits and nourish your senses. From creating soothing aromatherapy hand scrubs to relaxing sip and paint evenings, there's something for everyone to enjoy. We'll be heading outdoors for frozen lemonade, sweet fruits, and plenty of time in the garden. July is blooming with fun, laughter, and togetherness let's make the most of it, one sunny day at a time.

Warmly,

Lina Dib

Activities Director

COMING IN JULY



THE PALACE CLUBS

**BEADING
JEWELRY
CLUB**

EVERY OTHER
Wednesday

PALACE
THEATRE AT
11:00AM



COLORFUL Bead

**POLISH &
Pamper YOUR
NAILS**



SUNDAY'S R.S.V.P
ONLY
with Lina

PALACE BEAUTY SALON
2ND FLOOR

**LET'S PLAY
Balloon
Volleyball**

TUESDAYS AT 2:00PM

ACTIVITY
ROOM



Come & Join Us for
**Community
GARDEN
CLUB**







WENESDAY'S AT
3:30PM

PALACE TERRACE

Whether you're a
seasoned gardener or
just starting out, our
club offers:

- Shared garden spaces
- sustainable gardening
- Group activities
- Supportive community

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|--|--|---|--|
|  | | 1 10:00 am Stretch and Flex 11:00 am Left right center 02:00 pm Balloon Volleyball 02:00 pm Canasta & Bridge 02:00 pm Silver Sneakers 02:00 pm Domino’s Club 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night | 2 10:00 am Stretch and Flex 11:00 am Jewelry Club 02:00 pm Canasta & Bridge 02:00 pm Silver Sneakers 03:00 pm Big Time Bingo 03:30 pm Garden Club 04:30 pm Happy Hour 07:00 pm Movie Night 07:00 pm Poker Players Meet | 3 10:00 am Stretch and Flex 11:00 am Palace Outing 11:00 am Music Therapy 02:00 pm Silver Sneakers 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Palace Presents... | 4 Happy Fourth of July! 10:00 am Stretch and Flex 11:00 am Art with Judith 11:00 am Trivia Mania 02:00 pm Silver Sneakers 02:00 pm Sing Along Karaoke 02:00 pm Shabbat Service 02:00 pm Big Time Bingo 03:00 pm Elevated Happy Hour 07:00 pm Movie Night | 5 10:00 am Fit & Balance 11:00 am iPhone Class 11:30 am Lemonade Smoothies 02:00 pm Steven Singer 02:00 pm Domino’s Club 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Poker Players Meet 07:00 pm Movie Night |
| 6 10:45 am Virtual Catholic Mass 11:00 am Polish & Pamper your Nails/RSVP with Lina 11:15 am Cardio with Isa 02:00 pm Spanish Bingo Game 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night | 7 10:00 am Stretch and Flex 11:00 am Pottery with Terry 01:30 pm Poker Players Meet 02:00 pm Silver Sneakers 02:00 pm Spanish Class 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night | 8 Resident Council 10:00 am Stretch and Flex 02:00 pm Balloon Volleyball 02:00 pm Canasta & Bridge 02:00 pm Silver Sneakers 02:00 pm Domino’s Club 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night | 9 NATIONAL SUGAR COOKIE DAY! 10:00 am Stretch and Flex 11:00 am Flower Club 02:00 pm Canasta & Bridge 02:00 pm Silver Sneakers 03:00 pm Big Time Bingo 03:30 pm Rummikub Club 04:30 pm Happy Hour 07:00 pm Movie Night 07:00 pm Poker Players Meet | 10 10:00 am Stretch and Flex 11:00 am Palace Outing 11:00 am Music Therapy 02:00 pm Silver Sneakers 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Palace Presents... | 11 10:00 am Stretch and Flex 11:00 am Art with Judith 11:00 am Trivia Mania 02:00 pm Silver Sneakers 02:00 pm Book Club 02:00 pm Sing Along Karaoke 02:00 pm Shabbat Service 02:00 pm Big Time Bingo 03:00 pm Happy Hour 07:00 pm Movie Night | 12 10:00 am Fit & Balance 11:00 am Matinee Movie 11:30 am Lemonade Smoothies 02:00 pm Lecture w/ Rommel 02:00 pm Domino’s Club 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Poker Players Meet 07:00 pm Movie Night |
| 13 10:45 am Virtual Catholic Mass 11:00 am Polish & Pamper your Nails/RSVP with Lina 11:15 am Cardio with Isa 02:00 pm Spanish Bingo Game 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night | 14 10:00 am Stretch and Flex 11:00 am Creative Art Club 01:30 pm Poker Players Meet 02:00 pm Silver Sneakers 02:00 pm Spanish Class 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night | 15 10:00 am Stretch and Flex 11:00 am Left right center 02:00 pm Balloon Volleyball 02:00 pm Canasta & Bridge 02:00 pm Silver Sneakers 02:00 pm Domino’s Club 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night | 16 10:00 am Stretch and Flex 11:00 am Jewelry Club 02:00 pm Canasta & Bridge 02:00 pm Silver Sneakers 02:00 pm Rummikub Club 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night 07:00 pm Poker Players Meet | 17 10:00 am Stretch and Flex 11:00 am Palace Outing 11:00 am Music Therapy 02:00 pm Silver Sneakers 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Palace Presents... | 18 10:00 am Stretch and Flex 11:00 am Art with Judith 11:00 am Trivia Mania 02:00 pm Silver Sneakers 02:00 pm Sing Along Karaoke 02:00 pm Shabbat Service 02:00 pm Big Time Bingo 03:00 pm Happy Hour 07:00 pm Movie Night | 19 10:00 am Fit & Balance 11:00 am iPhone Class 11:30 am Lemonade Smoothies 02:00 pm Steven Singer 02:00 pm Domino’s Club 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Poker Players Meet 07:00 pm Movie Night |
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| Calendar is subject to change. Please check daily digital display for updates. | | | | | | |

BIRTHDAYS IN JULY

Birthday's in **July**

| | |
|-----------------|---------|
| JAIME REJTMAN | JULY 03 |
| NORMA LEVINE | JULY 04 |
| SARA REJTMAN | JULY 04 |
| JOAN COLBURN | JULY 05 |
| MYRON SANDLER | JULY 05 |
| TOBY FEINSTOCK | JULY 06 |
| JUDY RICHELSON | JULY 09 |
| BARBARA HAUBOLD | JULY 13 |
| SUSAN FREED | JULY 16 |
| NORMA STONE | JULY 16 |
| PENELOPE BENDER | JULY 22 |
| JUAN FAJET | JULY 22 |
| ROSALIE ROSE | JULY 22 |
| ALICE EDELMAN | JULY 31 |
| DORICE MILLER | JULY 31 |

Event Pictures...





Your New Address:

*16025 Emerald Estates Drive
Weston, FL 33331*

Tel: 754-236-8100



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RESTAURANT HOURS

Breakfast 8:15 - 10:00 am

Lunch 12:30 - 2:00 pm

Happy Hour 4:30 - 5:30 pm

Dinner 5:00 - 7:00 pm

HEALTH & WELLNESS GYM HOURS

Monday–Friday

10:00 AM Stretch & Flex
2:00 PM–Silver Sneakers