



The Gardens Gazette

Luxury Carefree Living for Active Seniors

Assisted Living

May 2026

A Message from Helen



Any problems, issues, or other questions? Call me on my cell at (786) 556-9009 or e-mail me at Helen@ThePalace.org. "Please say your name & your apartment number."

~ Love Helen Shaham
Owner, The Palace Group

CINCO DE MAYO! HAPPY HOUR!
Celebrate with Us!
Join us for a festive Cinco de Mayo celebration featuring:
LIVE MARIACHI • MARGARITAS • MEXICAN-STYLE APPETIZERS

MEMORY CARE PLAZA
Tuesday, May 5, 2026
3:00 PM – 4:00 PM

ASSISTED LIVING PLAZA
Tuesday, May 5, 2026
4:15 PM – 5:15 PM

¡Todos son Bienvenidos!
EVERYONE IS WELCOME!

Kentucky Derby
Mother's Day Party

May 9th from 12 - 2pm

- Horse Interaction
- Live Band
- Photobooth

Please RSVP at 305-247-0446 by Wednesday, May 6th.

TOP GUN 40TH ANNIVERSARY 1986-2026

YOU'RE INVITED TO A **RESIDENT MIXER**

WELCOME NEW RESIDENTS • BUILD CONNECTIONS • COMMUNITY TAKES FLIGHT

Let's welcome our newest wingmates! Join us for an afternoon of mingling, making connections, and building our community. New residents and current residents—come together and be part of the squad.

DATE: MAY 13TH, 2026
TIME: 2:00 PM

LET'S MIX, CONNECT, AND TAKE OFF TOGETHER!

ENJOY: SNACKS, REFRESHMENTS, PHOTO OPS

BRING YOUR BEST MAVERICK ENERGY!

Life Pointe x The PALACE GARDENS

JOIN US FOR **NON-DENOMINATIONAL Services**

Life Pointe Church brings uplifting, faith-filled non-denominational services at The Palace Gardens. Residents and guests are welcome to gather, worship, and grow together.

EVERY TUESDAY 10:30 AM | IN THE THEATER

PRACTICE YOUR FAITH • COMMUNITY & FELLOWSHIP • ALL ARE WELCOME

Faith. Community. Right Here at The Palace Gardens.

ALL ARE WELCOME - RESIDENTS & GUESTS

Make Class & Excursions Reservations
In Activities Office
Make Event Reservations
At Conclerge Desk

Suggestions for your loved ones?
Feel free to contact me!

AL Director of Activities,
Jasper Wade
rwade@thepalaceus.com


May Birthdays

- | | |
|-----------------------|---------------------|
| May 2 ~ Ivy B. | May 18 ~ Ivan G. |
| May 3 ~ Nelson S. | May 20 ~ Merle V. |
| May 7 ~ Sadie S. | May 22 ~ Jeanne Z. |
| May 8 ~ Barbara G. | May 28 ~ Richard E. |
| May 12 ~ Hortensia G. | May 28 ~ Lee C. |



The Palace Gardens

May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>BLUE: WELLNESS ACTIVITIES PURPLE: SOCIAL ACTIVITIES GREEN: NEW ACTIVITIES RED: MIND STIMULATING & EDUCATIONAL ORANGE: RELIGIOUS SERVICES & EVENTS PINK: MUSICAL ACTIVITIES YELLOW: ARTS & CRAFTS</p>				<p>10:00a: Get Up & Move! 10:30a: Pool & Water Aerobics 10:45a: Sunny Sips & Social at the Garden 11:30a: Morning Trivia 1:30p: Dominos & Cards 2:00p: Name that Tune 3:00p: Bingo! \$2.00 Buy In 4:15p: Happy Hour with Vicky 6:45p: Mystery Movie Night</p>	<p>10:00a: Get Up & Move! 10:30a: Refuel & Refresh Drinks 10:30a: Virtual Shabbat 11:00a: Mark's Singalong 1:30p: Afternoon Bridge Game 2:00p: Craft, Create and Connect 3:00p: Bingo! \$2.00 Buy-In 4:15p: Happy Hour with Suo 6:45p: Drama Movie Night</p>
<p>MASS AT SACRED HEART 3 10:00a: Morning Trivia 11:00a: Rumba Class with Katy 11:00a: Word Search Challenge 1:30p: Dominos & Cards 1:45p: Watch a Classic Movie 2:00p: Nails & Pamper Party 3:00p: Karaoke 4:15p: Happy Hour with Ariel 6:45p: Drama Movie Night</p>	<p>4 10:00a: Get Up & Move! 10:30a: Walking Club 10:30a: Craft, Create and Connect 11:30a: Morning Trivia 1:30p: Afternoon Bridge Game 2:00p: Flower Arranging 3:00p: Blackjack 3:30p: Tai Chi with Grisell 4:15p: Happy Hour with JP 6:45p: Comedy Movie Night</p>	<p>5 10:00a: Get Up & Move! 10:30a: Nondenominational Service 10:30a: Pool & Water Aerobics 10:30a: Jewelry Design with Gisela 11:00a: Nintendo Bowling Tourney 1:30p: Dominos & Cards 1:45p: Ceramics Class with Terri 3:00p: Baking Class 4:15p: Cinco De Mayo Happy Hour 6:45p: Sci Fi Movie Night</p>	<p>6 10:00a: Get Up & Move! 10:30a: Walking Club 11:00a: Jeopardy 1:30p: Board Games: Monopoly 2:00p: Sunny Sips & Social in the Garden 2:00p: Zumba 3:00p: Book Mobile 3:00p: Bingo! \$2.00 Buy-In 4:15p: Happy Hour with Pamir 6:45p: Action Movie Night</p>	<p>7 10:00a: Get Up & Move! 10:30a: Morning Coloring Club 11:00a: Belly Dance with Katy 1:30p: Afternoon Bridge Game 2:00p: Shout it Out Movie Trivia 3:00p: Blackjack 4:15p: Happy Hour with Javier 6:45p: Romance Movie Night</p>	<p>8 10:00a: Get Up & Move! 10:30a: Pool & Water Aerobics 10:45a: Sunny Sips & Social at the Garden 11:00a: Mark's Singalong 1:30p: Dominos & Cards 2:00p: Piano Trivia with Susan 3:00p: Bingo! \$2.00 Buy-In 3:45p: Jewish Service with Eilat 4:15p: Happy Hour with Cassio 6:45p: Mystery Movie Night</p>	<p>9 10:00a: Get Up & Move! 10:30a: Virtual Shabbat 12:00p to 2:00p: Mother's Day Kentucky Derby Party 4:15p: Happy Hour with Suo 6:45p: Drama Movie Night</p>
<p>MASS AT SACRED HEART 10 10:00a: Morning Trivia 11:00a: Rumba Class with Katy 11:00a: Word Search Challenge 1:30p: Dominos & Cards 1:45p: Watch a Classic Movie 2:00p: Nails & Pamper Party 3:00p: Karaoke 4:15p: Happy Hour with Tony 6:45p: Drama Movie Night <i>Happy Mother's Day!</i></p>	<p>11 10:00a: Get Up & Move! 10:30a: Walking Club 10:30a: Craft, Create and Connect 11:30a: Morning Trivia 1:30p: Afternoon Bridge Game 2:00p: Singing Bowl Meditation 3:00p: Blackjack 4:15p: Happy Hour with Gustavo 6:45p: Comedy Movie Night</p>	<p>12 10:00a: Get Up & Move! 10:30a: Nondenominational Service 10:30a: Pool & Water Aerobics 10:30a: Jewelry Design with Gisela 11:00a: Nintendo Bowling Tourney 1:30p: Dominos & Cards 1:45p: Ceramics Class with Terri 3:00p: Baking Class 4:15p: Happy Hour with Anama 6:45p: Sci Fi Movie Night</p>	<p>13 10:00a: Get Up & Move! 10:30a: Walking Club 11:00a: Jeopardy 1:30p: Board Games: Rummikub 2:00p: Resident Mixer: Top Gun Experience 3:00p: Book Mobile 3:00p: Bingo! \$2.00 Buy-In 4:15p: Happy Hour with Anabel 6:45 Action Movie Night</p>	<p>GOLD COAST RAILROAD MUSEUM 14 10:00a: Get Up & Move! 10:30a: Morning Coloring Club 11:00a: Belly Dance with Katy 1:30p: Afternoon Bridge Game 2:00p: Shout it Out Movie Trivia 3:00p: Blackjack 4:15p: Happy Hour with Lici 6:45p: Romance Movie Night</p>	<p>15 PUBLIX 10:00a: Get Up & Move! 10:30a: Pool & Water Aerobics 10:30a: Gardening with Jonathan 11:30a: Morning Trivia 1:30p: Dominos & Cards 2:00p: Piano Trivia with Susan 3:00p: Bingo! \$2.00 Buy-In 4:15p: Happy Hour with Tony 6:45p: Thriller Movie Night</p>	<p>16 10:00a: Get Up & Move! 10:30a: Refuel & Refresh Drinks 10:30a: Virtual Shabbat 11:00a: Mark's Singalong 1:30p: Afternoon Bridge Game 2:00p: Craft, Create and Connect 3:00p: Bingo! \$2.00 Buy-In 4:15p: Happy Hour with Javier 6:45p: Drama Movie Night</p>
<p>MASS AT SACRED HEART 17 10:00a: Morning Trivia 11:00a: Rumba Class with Katy 11:00a: Word Search Challenge 1:30p: Dominos & Cards 1:45p: Watch a Classic Movie 2:00p: Nails & Pamper Party 3:00p: Karaoke 4:15p: Happy Hour with Anama 6:45p: Drama Movie Night</p>	<p>18 10:00a: Get Up & Move! 10:30a: Walking Club 10:30a: Craft, Create and Connect 11:30a: Morning Trivia 1:30p: Afternoon Bridge Game 2:00p: Flower Arranging 3:00p: Blackjack 3:30p: Tai Chi with Grisell 4:15p: Happy Hour with Pamir 6:45p: Comedy Movie Night</p>	<p>19 10:00a: Get Up & Move! 10:30a: Nondenominational Service 10:30a: Pool & Water Aerobics 10:30a: Jewelry Design with Gisela 11:00a: Nintendo Bowling Tourney 1:30p: Dominos & Cards 1:45p: Ceramics Class with Terri 3:00p: Baking Class 4:15p: Happy Hour with JP 6:45p: Sci Fi Movie Night</p>	<p>20 10:00a: Get Up & Move! 10:30a: Walking Club 11:00a: Jeopardy 1:30p: Board Games: Monopoly 2:00p: Sunny Sips & Social in the Garden 3:00p: Book Mobile 3:00p: Bingo! \$2.00 Buy-In 4:15p: Cuban Independence Day Happy Hour 6:45p: Action Movie Night</p>	<p>21 DR. LIMON CEVICHE RESTURANT 10:00a: Get Up & Move! 10:30a: Morning Coloring Club 11:00a: Belly Dance with Katy 1:30p: Afternoon Bridge Game 2:00p: Shout it Out Movie Trivia 3:00p: Blackjack 4:15p: Happy Hour with Victoria 6:45p: Romance Movie Night</p>	<p>22 PUBLIX 10:00a: Get Up & Move! 10:30a: Pool & Water Aerobics 10:45a: Sunny Sips & Social at the Garden 11:30a: Morning Trivia 2:00p: Piano Trivia with Susan 3:00p: Bingo! \$2.00 Buy-In 3:45p: Jewish Service with Eilat 4:15p: Happy Hour with Tony 6:45p: Mystery Movie Night</p>	<p>23 10:00a: Get Up & Move! 10:30a: Refuel & Refresh Drinks 10:30a: Virtual Shabbat 11:00a: Mark's Singalong 1:30p: Afternoon Bridge Game 2:00p: Craft, Create and Connect 3:00p: Bingo! \$2.00 Buy-In 4:15p: Happy Hour with Suo 6:45p: Drama Movie Night</p>
<p>MASS AT SACRED HEART 24/31 10:00a: Morning Trivia 11:00a: Rumba Class with Katy 11:00a: Word Search Challenge 1:30p: Dominos & Cards 1:45p: Watch a Classic Movie 2:00p: Nails & Pamper Party 3:00p: Karaoke 4:15p: Happy Hour with Suo / Gustavo 6:45p: Drama Movie Night</p>	<p>25 10:00a: Get Up & Move! 10:30a: Walking Club 10:30a: Craft, Create and Connect 11:30a: Morning Trivia 1:30p: Afternoon Bridge Game 2:00p: Singing Bowl Meditation 3:00p: Blackjack 4:15p: Memorial Day Happy Hour with Liana 6:45p: Comedy Movie Night <i>Happy Memorial Day!</i></p>	<p>26 10:00a: Get Up & Move! 10:30a: Nondenominational Service 10:30a: Pool & Water Aerobics 10:30a: Jewelry Design with Gisela 11:00a: Nintendo Bowling Tourney 1:30p: Dominos & Cards 1:45p: Ceramics Class with Terri 3:00p: Baking Class 4:15p: Happy Hour with Heri 6:45p: Sci Fi Movie Night</p>	<p>27 10:00a: Get Up & Move! 10:30a: Walking Club 11:00a: Resident Council Meeting 1:30p: Board Games: Scrabble 2:00p: Zumba 2:00p: Sunny Sips & Social in the Garden 3:00p: Book Mobile 3:00p: Bingo! \$2.00 Buy-In 4:15p: Happy Hour with Anabel 5:30p: Dominican Republic Gourmet Dinner! 6:45p: Action Movie Night</p>	<p>28 DADELAND MALL 10:00a: Get Up & Move! 10:30a: Morning Coloring Club 11:00a: Belly Dance with Katy 1:30p: Afternoon Bridge Game 2:00p: Shout it Out Movie Trivia 3:00p: Blackjack 4:15p: Happy Hour with Javier 6:45p: Romance Movie Night</p>	<p>29 10:00a: Get Up & Move! 10:30a: Pool & Water Aerobics 10:30a: Gardening with Jonathan 11:30a: Morning Trivia 1:30p: Dominos & Cards 2:00p: Piano Trivia with Susan 3:00p: Bingo! \$2.00 Buy-In 4:15 p: Happy Hour with JP 6:45p: Thriller Movie Night</p>	<p>30 10:00a: Get Up & Move! 10:30a: Refuel & Refresh Drinks 10:30a: Virtual Shabbat 11:00a: Mark's Singalong 1:30p: Afternoon Bridge Game 2:00p: Bingo! \$2.00 Buy-In 3:00p: Tai Chi on the Patio 4:15p: Happy Hour with Suo 6:45p Drama Movie Night</p>

Activities are subject to change. Please check newsletter for more info!

The Gardens Gazette

HIGHLIGHTS FROM APRIL



Check Out All Event Photos

www.palacegardenslife.com

May Excursions

May 14th - Gold Coast Railroad Museum 12450 SW 152nd St, Miami, FL 33177 @ 11am

May 15th - Publix @ 2pm

May 21st - Dr. Limon Ceviche Restaurant 2508 NE 10th Ct, Homestead, FL 33033 @ 11:30 am

May 22nd - Publix @ 2pm

May 28th - Dadeland Mall 7535 N Kendall Dr, Miami, FL 33156 @ 11 am

Health & Wellness

Pool & Water Aerobics: Tuesdays and Fridays @ 10:30 am

Wellness Center Hours: Mon-Sat 9:00 am– 5:30 pm

Walking Club: Monday, Wednesday, & Friday at 10:30 am



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