



The Gardens Gazette

- Memory Care -



Alejandro Medina: Director of Memory Care Activities
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July 2025

A Message from Helen

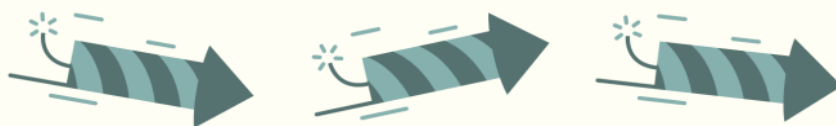


Any problems, issues, or other questions?

Call me on my cell at (786) 556-9009 or e-mail me at Helen@ThePalace.org.

"Please say your name & your apartment number."

~ Love Helen Shaham
Owner, The Palace Group



"Nothing but harmony, honesty, industry, and frugality are necessary to make us a great and happy people."

GEORGE WASHINGTON



HAPPY BIRTHDAY!

7/1- Carolyn N. 7/25- Brenda R.
7/2- Maria M. 7/31- Sharon A.
7/7- Barbara C.
7/15- Stephen M.
7/16- Patrick L.
7/20- Eugene K.



Outings





- 7/11- Old Tom's Sports Bar @ 11 am
- 7/18- Tap 42 in Kendall @ 11 am
- 7/25- Mrs. Mac's Kitchen @ 10:45am

Montessori & 1-on-1 Leisure Activities to Promote Stimulation

- Sensory Putty
- Reusable Handwriting Books
- Button Based Math Charts
- Dominoes
- Remote Operated Cats and Dogs
- Fingerprinting
- Sensory Fidget Boards
- Sock Matching
- Horticultural Therapy



Montessori Activities at all tables & Multi-Sensory Room Daily 9:30-5:00p

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
				9:30- Ceramics & Karaoke w/Terrie 1 10:30- Crossword Puzzles 11:00- Walking Club 12:00-Lunch 1:30-Exercise with Monica 2:00- Flower Arranging 2:30- In-Room Flower Arranging/ Delivery 3:00- Happy Hour w/ Heri 4:00- Hand Massages		9:30- Get up & Move 2 10:00- Latin Dancing w/ Katy 11:00- Penalty Kicks 11:30- Hula Hoop Basketball 12:00-Lunch 1:30-Exercise with Monica 2:00- Resident (Family) Feud 3:00- Happy Hour w/ Pamir 4:00- Writing Letter to a Loved One 4:00: In Room Visits: Sensory Stimulation		9:30- Get up & Move 3 10:00- Kickball 10:30- Mind & Melody Music Therapy w/ Christian 12:00-Lunch 1:30-Exercise with Monica 2:00- Hangman Word Game 3:00-Happy Hour w/ Lici 4:00- Hand Massages 4:00: In Room Visits: Hand Massages		9:45- Gardening Class w/ Ale 4 10:30- Jewelry Design 11:00- Walking Club 11:00- Large Puzzle Assembling 12:00- Lunch 1:30- Exercise w/ Monica 2:00- Jumbo Jenga 3:00- 4th of July Special Happy Hour w/ Javier 4:00-Watercolor & Spa		10:00- Kickball 5 10:30- Baking 11:15- Watercolor & Music 12:00-Lunch 1:30- Singalong w/ Mark 3:00-Happy Hour w/ Suo 4:00- Chair Yoga & Meditation	
10:00 - Get up & Move 6 10:30- Balloon Tennis 11:00- Belly Dancing w/ Katy 12:00-Lunch 1:00 Movie Club Hour 1:00: In Room Visits: Trivia 2:15 BINGO 3:00- Happy Hour w/ Ariel 4:00- Watercolor & Spa		9:30- Get up & Move 7 10:00- Kickball 10:30- Cornhole 11:00- Categories Word Game 12:00-Lunch 1:30-Exercise with Monica 2:00- Canvas Art w/ Terrie 3:00- Happy Hour w/ JP 4:00- Relaxation at the Garden		10:00-Ceramics & Karaoke 8 w/ Terrie 11:00- Walking Club 11:15- Crossword Puzzles 12:00-Lunch 1:30- Exercise with Monica 2:00- Balloon Volleyball 3:00-Happy Hour w/ Heri 4:00- Hand Massages 4:00: In Room Visits: Hand Massages		9:30- Get up & Move 9 10:00- Latin Dancing w/ Katy 11:00- Penalty Kicks 11:30- Bowling 12:00-Lunch 1:30-Exercise with Monica 2:00- Resident (Family) Feud 3:00- Happy Hour w/ Anabel 4:00- Writing Letter to a Loved One 4:00: In Room Visits: Sensory Stimulation		9:30- Get up & Move 10 10:00- Kickball 10:30 Ball Pit Relay 11:00-Singalong w/ Mark 12:00- In-Room Singalongs 12:00-Lunch 1:30-Exercise with Monica 2:00- Hangman Word Game 3:00-Happy Hour w/ Humberto 4:00- Hand Massages		9:45- Gardening Class w/ Ale 11 10:30- Jewelry Design 11:00- Walking Club 11:00- Large Puzzle Assembling 12:00- Lunch 1:30- Exercise w/ Monica 2:00- Jumbo Jenga 3:00-Happy Hour w/ Javier 4:00- Virtual Museum Tours: Titanic at Pigeon Forge		10:00- Kickball 12 10:30- Baking 11:15- Watercolor & Music 12:00-Lunch 1:30- Singalong w/ Mark 2:00- Pet Therapy w/ Endo 3:00-Happy Hour w/ Suo 4:00- Chair Yoga & Meditation	
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*Activities are subject to change.													

Heeeyyy June



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