



The Weston Star

Luxury Carefree Living for Active Seniors

Simon Griffiths—Director of Entertainment

April 2024

A Message from Helen



Any problems, issues, or other questions? Call me on my cell at: (786) 556-9009 or e-mail me at: Helen@ThePalace.org Please leave your name and apartment number.
- Love, Helen Shaham
Owner, The Palace Group

Monthly Highlights

- 3rd Stranahan House Museum Tour *RSVP*
- 5th Classical Violin Duet - Performs
- 10th Passport Event *RSVP*
- 10th Aventura Mall Excursion - *RSVP*
- 12th Ed Lamont - Performs
- 16th Passport Event *RSVP*
- 17th Seasons 52 - Outing *RSVP*
- 18th Resident Council
- 19th Harry Getzov - Performs
- 22nd Passover Seder *RSVP*
- 24th Passport Event *RSVP*
- 24th Gulfstream Park Excursion *RSVP*
- 26th John Lariviere - Performs
- 30th Passport Event *RSVP*

Dear Friends!

Welcome to the vibrant month of April, where spring is in full bloom! There's a bustling calendar of events lined up, so be sure to tune into Channel 3 on your television for all the latest updates. Highlighting our April events is our Passover Seder, taking place on April 22nd. We encourage you to secure your reservations early to ensure your spot at this meaningful gathering.

Additionally, our enriching Educational Lunch and Learn "Passport" series is set to continue with three captivating lectures this month. Excitingly, one of these sessions will feature a distinguished guest speaker - one of our esteemed resident authors! For more details on this and other lectures, please turn to page 6. Spaces are limited, so we urge you to make your reservations promptly to avoid missing out on these wonderful opportunities to learn and engage with our community.

To all those celebrating, I wish you a profoundly happy Passover.

Much Love

Simon



Join us for Passover Seder

Monday, April 22 at 5:30 pm

Make your reservations with the Concierge

754-236-8101

Limit 4 Guest per apartment

Reservations close Thursday April, 18

The Palace Presents.....

Classical Violin Duet



FRIDAY APRIL 5TH
7:30 PM
THE PLAZA

Friday, April 12
After Dinner Lecture
With
Guest Speaker

Ed Lamont



7:30 PM
Palace Theater

HARRY GETZOV PRESENTS

ALL IN THE FAMILY

Breakthrough American Television

Friday April 9th

7:30 PM

PALACE
THEATER



John Lariviere

*"Broadway to the
Great American
Songbook"*

John has headlined at venues such as The Broward Center for the Performing Arts, The Mizner Park Cultural Center, The Venice Theatre, The Delray Beach Playhouse and The Plaza Theatre; and has been brought back by popular demand five years in a row, to sold-out crowds, at the prestigious Florida Cabaret Festival. He also has live on TV on The Suncoast View and Spotlight on the Arts, and live on the radio on KDW (97.5FM) and WLRN (91.3FM)



Tours, Excursions and RSVP's.....

Stranahan House Museum Guided Tour



Wednesday, April 3

Bus Departs 10:30 am
Limited spaces

RSVP with the Concierge by April 8th
Ticket Price \$15

APRIL 10TH AVENTURA MALL



Aventura Mall is a shopping mall located in Aventura, Florida. It is the 5th largest mall in the United States by total square feet of retail space and the largest mall in Florida. The anchor stores are Bloomingdale's, Nordstrom, 2 Macy's stores, and JCPenney. The center is highlighted by a mix of over 300 stores

Bus Departs 10:30 am
Limited spaces
RSVP with the Concierge by April 8th

Make Your Reservations Early.....

Seasons 52
FRESH GRILL | WINE BAR



Seasons 52 is an American fresh grill and wine bar developed in 2003. The brand concept is to deliver a casually sophisticated atmosphere, seasonal menu, and offer fresh ingredients to deliver menu items that are naturally lighter. As of 2016, there are 42 Seasons 52 locations in the United States

WEDNESDAY APRIL 17

Bus Departs 11:30 am
Limited spaces

RSVP with the Concierge by April 15

The Village at Gulfstream Park



The Village at Gulfstream Park is South Florida's premier open air shopping, dining & entertainment destination! Shop at 12 home stores including Crate & Barrel, Pottery Barn, The Container Store & Williams-Sonoma; Delight in fashion boutiques & art galleries; experience lunch, at the fabulous restaurants & bars & enjoy entertainment at special events, as well as the racetrack & casino!

Wednesday April 24th 2024

Bus Departs 10:30 am
Limited spaces
RSVP with the Concierge by April 22nd

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 08:45 am Walk a Mile 10:00 am Chair Fitness Class 11:00 am Spanish for Beginners 11:30 am Ball & Balance Class 01:00 am Rummikub Players Meet 01:00 pm Afternoon Matinee Encore 03:00 pm \$ Cruise Ship Bingo \$ 04:30 pm Happy Hour 07:15 pm Res. Choice Movie Night	2 08:45 am Walk a Mile 10:00 am Chair Fitness Class 11:00 am Nintendo Bowling 01:00 pm Couples Gin Club 02:00 pm Drum Circle 02:00 pm Crafty Café 04:30 pm Happy Hour 07:15 pm Res. Choice Movie Night	3 Stranahan House Tour <i>RSVP</i> 08:45 am Walk a Mile 10:00 am Chair Fitness Class 11:00 am Seated Chair Cardio 11:00 am Horticulture Society 02:00 pm Chair Yoga 02:00 pm Afternoon Tea 04:30 pm Happy Hour 07:15 pm Res. Choice Movie Night 07:15 pm \$ Cruise Ship Bingo \$	4 08:45 am Walk a Mile 10:00 am Chair Fitness Class 10:00 am Men's Gin Club 11:00 am Spanish Bingo 11:30 am Ball & Balance Class 01:00 pm Plaza Dominoes' Club 02:00 pm Chair yoga 02:00 pm Jewelry Club 04:30 pm Happy Hour 07:15 pm Res. Choice Movie Night	5 08:45 am Walk a Mile 10:00 am Chair Fitness Class 11:00 am Virtual Reality Experience 11:00 am Nova Lecture Series 01:00 pm Art Class 02:00 pm Floor Yoga 02:30 pm Shabbat Service 03:00 pm Plaza Trivia 04:30 pm Happy Hour 07:15 pm The Palace Presents	6 10:00 am Seated Chair Cardio 11:00 am Current Events Club 01:00 pm Plaza Video Concert 01:00 pm iPhone / iPad Assistance 03:00 pm \$ Cruise Ship Bingo \$ 04:30 pm Happy Hour 07:15 pm Blockbuster Movie Night	7 10:00 am Seated Chair Cardio 10:00 am Streaming Church Service 11:00 am Virtual Reality Experience 11:00 am Knitting Club 01:00 pm Opera Matinee Movie 01:00 pm Plaza Dominoes' Club 04:30 pm Happy Hour 07:30 pm Res. Choice Movie Night
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Passport Lecture Series.....

Wednesday, April 10

11:00 AM LUNCH & LEARN

UNDERSTANDING & MANAGING PAIN

with Dr. Javier Vilasuso

Join Dr. Vilasuso for an enlightening lecture on understanding and managing pain. Discover the intricacies of various types of pain, from low back to leg, neck to arm, and beyond. Learn about causes and effective treatments tailored to each condition and discover minimally invasive procedures for joint regeneration and stabilization. Don't miss this opportunity to gain insights and find relief from discomfort without using medications

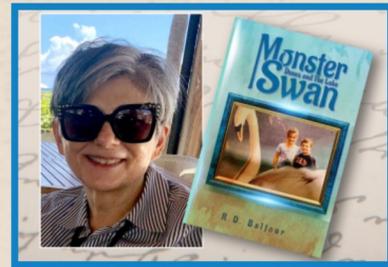


TUESDAY, APRIL 16

11:00 AM LUNCH & LEARN

MEET THE AUTHOR with Rosanne Balfour

Join us for an exclusive opportunity to meet Rosanne Balfour, the brilliant author behind "Monster Dunes and The Lake Swan." Delve into her captivating world and hear about her creative process. This is your chance to meet a literary talent shaping the landscape of contemporary fiction!



RSVP Now!!!.....

WEDNESDAY, APRIL 24

11:00 AM LUNCH & LEARN

THE IMPORTANCE OF ORAL CARE FOR SENIORS

with Dr. Gabriela Bozzuti, DDS

Join us as Dr. Gabriela Bozzuti, DDS, Prosthodontist and Diplomate of the American Board of Dental Sleep Medicine, provides a guide to senior oral care by connecting oral health, mind and body.



TUESDAY, APRIL 30

9:30 AM - 11:30 AM

SENIOR FAIR

Sponsored by



Join the Broward Sheriff's Office Weston District and our community partners including Area Agency on Aging, Cleveland Clinic, and Florida Dept. of Agriculture as we discuss fraud prevention, wellness, and many other ways our senior population can stay safe and healthy



Third Year Anniversary Pool Party.....



**For lots more photos from all of our events please visit:
<https://www.palacewestonlife.com>**

THE WESTON STAR

SHOPPING AND MEDICAL SHUTTLE SCHEDULE

- Monday:** Cleveland Clinic & Krupa Medical Center 9:00am & 10:30am
Pembroke Lakes Mall Departs 12:00 Noon (2nd & 4th Monday of the Month)
Weston Commons Departs 2:00pm
Weston Road Shopping Center 2:00pm
- Tuesday:** Cleveland Clinic & Krupa Medical Center 9:00am & 10:30am
Cleveland Clinic & Krupa Medical Center 1:30pm & 2:30pm
- Thursday:** Cleveland Clinic & Krupa Medical Center 9:00am & 10:30am
Cleveland Clinic & Krupa Medical Center 1:30pm & 2:30pm
- Friday:** Westfork Plaza Departs 9:00am / 11:00am / 2:00pm
Weston Commons Departs 1:30pm
Weston Road Shopping Center 2:00pm
- Saturday:** Cleveland Clinic & Weston Local Shops
For Weston Road Shopping Center & Weston Commons Shopping Center
Pick up times will be arranged with the Concierge
- RSVP with Concierge 754-236-8101

Your New Address:

16025 Emerald Estates Drive
Weston, FL 33331

Tel: 754-236-8100



Café Bar

Open from 10:00AM till 9:00PM

Stop by and enjoy our Café Bar situated in the plaza
We have a wide range of hot and cold beverages
Or try our amazing selection of Ice Creams!!!

HAPPY HOUR

Live Entertainment

Every day

4:30 PM — 5:30 PM

Let us **Entertain** you! Stop by the Entertainment Office at any time or
Call Simon with your ideas and suggestions (754) 236-8185
Or email simon@thepalaceus.com

RESTAURANT HOURS

Breakfast 7:30 - 10:00 am

Lunch 12:30 - 2:00 pm

Happy Hour 4:30 - 5:30 pm

Dinner Served 5:00-7:30 pm

HEALTH & WELLNESS

GYM HOURS

7:00 AM till 7:00 PM

Schedule a personal training session
with James your Wellness Assistant
Check the Daily Digital for updates on
all of the classes on offer!